



Fall and Winter 2024 / 2025
 20 Allen St, Burlington, VT
 September 2024 through May 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Preschool 8:15-12:00 in Preschool classroom Enrolled Children 3-5 Jackie@thefamilyroomvt.org</p>	<p>Building Strong Families Clinic 9:00-5:00 Clinic By Appointment Manisha@thefamilyroomvt.org</p>	<p>Preschool 8:15-12:00 in Preschool classroom Enrolled Children 3-5 Jackie@thefamilyroomvt.org</p>	<p>Family Play (at the garden through TBD) 9:00-12:00 Drop-in Caregivers and children 0-5 Jackie@thefamilyroomvt.org</p>	<p>Preschool 8:15-12:00 in Preschool classroom Enrolled Children 3-5 Jackie@thefamilyroomvt.org</p>	
<p>Echo Early Learning <i>starting 9/9</i> 9:00-11:00 in the Big Room Drop-in Caregivers and Children SJudd@echovermont.org</p>	<p>Sensory Support Group <i>9/17-11/26</i> 9:30-11:30 in Big Room / Parent room Enrolled Caregivers and children 0-5 chongho@thefamilyroomvt.org</p>	<p>Baby Massage 10:30-12:00 in the Baby Room Drop-in Caregivers and Baby (pre-crawling) Dayva@thefamilyroomvt.org</p>	<p>Beginner Computer Class 9:30-11:00 in 219 9/11/2024 starting Adults (Limited Childcare) Jackie@thefamilyroomvt.org</p>	<p>Echo Early Learning <i>Starting 9/6</i> 9:00-11:30 in the Big Room Drop-in Caregivers and Children SJudd@echovermont.org</p>	<p>ASD Support Group 10:00-12:00 (2nd Saturday of the month) in Big Room Enrolled Children and their families Sarah@thefamilyroomvt.org</p>
<p>Crawlers, Waddlers, Toddlers 10:00-12:00 in Baby Room Drop-in Caregivers and Children 0-36 months Chongho@thefamilyroomvt.org</p>	<p>The Talking Room 9:00-12:00 In the Preschool Classroom Enrolled Caregivers and children cattbyll@gmail.com</p>	<p>Dads Group 9:30-11:30 2nd floor - 219 Drop-in Dads Damon@thefamilyroomvt.org</p>		<p>Family Advisory 11:00-12:00 (3rd Friday of the month) In the Baby Room Enrolled Caregivers and Children chongho@thefamilyroomvt.org</p>	<p>African Dads Group 3:00-5:00 (3rd Saturday of the month) in Big Room Drop-in Fathers Ali@thefamilyroomvt.org</p>
<p>Building Strong Families Clinic 9:00-5:00 Clinic By Appointment Manisha@thefamilyroomvt.org</p>	<p>Dads Night 4:00-7:00 in Big Room Drop-in Fathers and Children 0-7 Damon@thefamilyroomvt.org</p>	<p>Strong Families 9:30-11:30 in Big Room Enrolled Caregivers and children 0-5 Chongho@thefamilyroomvt.org</p>			
<p>Super Group 4:30-6:30 (2nd and 4th Monday of the month) in Big Room Enrolled Children and their families Sarah@thefamilyroomvt.org</p>		<p>Spanish Language Paperwork Night 5:00-8:00 (3rd Wednesdays) In the Event Hall Families Drop-in Moira@thefamilyroomvt.org</p>	<p>Computer Literacy with Parent University 4:30-6:30 in 219 Enrolled Adults Sarah@thefamilyroomvt.org</p>		<p>By Appointment: Home Visiting and Outreach Childbirth Ed / Prep Concrete Supports / Pantry Community Orientation Jackie@thefamilyroomvt.org</p>

Drop-in Programs

In our drop-in programs, you are welcome to come and go whenever the program is open. No preregistration or signups are required!

African Dads Group Drop-In: Monthly on third Saturday, 3:00-5:00 Ali@thefamilyroomvt.org

A support group for African dads to talk about whatever is coming up with their children and families and the challenges of maintaining culture and adopting new ways of living, learn about other Family Room resources, and enjoy a meal together.

Crawlers, Waddlers and Toddlers Drop-In: Mondays 10:00-12:00 chongho@thefamilyroomvt.org

A playgroup for children 0-36 months and their caregivers.

Dads Group Drop-in: Wednesdays 9:30-11:30 Damon@thefamilyroomvt.org

Parenting group and education for fathers.

Dads Night (FACT) Drop-in: Tuesdays 4:00-7:00 Damon@thefamilyroomvt.org

Playgroup and dinner for dads and their kids.

Early Months (Baby Massage) Drop-in: Wednesdays 10:30-12:00 Dayva@thefamilyroomvt.org

A soothing environment to learn and practice massage techniques for babies 6 weeks until they are old enough to crawl away, learn songs and lullabies, and to have post-partum discussion.

EEL (ECHO Early Learning) Open Enrollment for all. Mondays 9:00-11:00, Fridays 9:00-11:30 during the school year. Sjudd@echovermont.org **Community Partner Program**

All families with children ages infant to age 5 are welcome to join the fun at the EEL (ECHO Early Learning) program. Help your child learn and grow through play. This program is free. Caregivers must stay with their children and are encouraged to attend regularly.

Family Play Drop-in: Thursdays 9-12:00 Jackie@thefamilyroomvt.org

Come to the Family Room anytime between 9-12:00 on Thursday for community building, fun learning activities for your children aged 0-5, and social connections for caregivers. Leave with a full belly and new friends. Through mid-October, meet at the Ethan Allen Homestead Community Gardens for outdoor activities, optional gardening, nature play and more!

Spanish language Paperwork Night Drop-in: Monthly, 3rd Wednesdays 5:00-8:00 Moira@thefamilyroomvt.org

Rotating members from community and partner programs available to complete forms, applications, and help with paperwork.



Enrolled Programs

These programs require registration. Please contact the email address with the program below, email Jackie@thefamilyroomvt.org or call us at 802-862-2121 to get started

ASD Support Groups Two enrolled groups: 2nd + 4th Mondays 4:30-6:30 month on 2nd Saturdays 10-12:00 Sarah@thefamilyroomvt.org

Group holds space for connections, sharing experiences, peer support and play! This group is especially designed for families that have children with autism.

Building Strong Families Clinic Enrolled: Offered By Appointment Manisha@thefamilyroomvt.org

The clinic is designed to give parents and children a comfortable and secure place to be their authentic selves with health care providers. The clinic provides interpreting services and connects families to community support resources and to other parents in their neighborhood.

Strong Families Enrolled: Wednesdays 9:30-11:30 Chongho@thefamilyroomvt.org

Moms group to share, connect and support each other, exploring topics related to child development, and self-care/wellness.

Sensory Support Enrolled: Tuesdays 9:30-11:30 Chongho@thefamilyroomvt.org

Group for families with children to discuss and discover their neurodivergent needs, to build friendships, and connect across families.

Computer Literacy Enrolled Thursdays 4:30-6:00 Sarah@thefamilyroomvt.org

A computer literacy class in collaboration with BSD's Parent University.

Beginner Computer Class Drop in Thursdays 9:30-11:30 Jackie@thefamilyroomvt.org

A computer class for beginners. Limited childcare can be frequently.

Dads matter Enrolled: Offered by appointment Damon@thefamilyroomvt.org

Individualized case management to help fathers work towards goals around parenting, getting basic needs met, and navigating systems.

Family Advisory Committee Enrolled: Monthly (occasionally more!) Chongho@thefamilyroomvt.org

Meetings for communication, ideas and planning between participants, staff, and board of directors. Contact us to get on our interest list for this committee.

Family Support and Home Visiting Enrolled: Offered By Appointment Jackie@thefamilyroomvt.org

Families and staff build relationships in homes or community settings as families navigate systems and challenges. Families get information on child development, receive resource and referral, access concrete supports and services, and get emotional support as needed.

Healthy Families From the Start Home Visiting Enrolled: Offered By Appointment Dayva@thefamilyroomvt.org

Using evidence-based birth and parenting information, Healthy Families from the Start offers relationship based support and education through in-person and remote one-on-one visits and group gatherings. While partnering with other community mental health and support services, we will help to facilitate a continuum of care during the early months with a new baby.

Preschool Enrolled: Sept - June, follows BSD calendar, Mon, Wed, Fri 8:15-12:00 Jackie@thefamilyroomvt.org

A 5-star community preschool for children aged 3-5. This play-based learning community is inspired by nature and neighborhood, encourages social-emotional learning, and builds upon strengths and curiosities.

The Talking Room Enrolled: Tuesdays 9-12 cattbyll@gmail.com or Jackie@thefamilyroomvt.org

Therapeutic talk sessions with Linda Li, one hour per person with childcare available.